



Umvuzo Health Announces 2026 Benefits and Contribution Adjustments

Strengthening Member Value With Balanced Contribution Adjustments

Umvuzo Health officially launched its 2026 Benefits on Friday, 3 October at The Venue, Melrose Arch. With a focus on simplicity, access, affordability and innovation, the Scheme continues to deliver healthcare that puts members first.

The event brought together approximately 150 key stakeholders, including brokers, trustees, employer representatives, and strategic partners, with many more joining virtually from across the country. The vibrant atmosphere was filled with anticipation and celebration, with guests enjoying good food, networking opportunities, and the strengthening of important relationships that continue to drive Umvuzo Health forward.

As part of this benefit launch, the Scheme also announced its 2026 contribution adjustments, effective 1 January 2026.

Contribution Adjustments by Option

UA	Ultra Affordable Option average increase: 8.52%	ST	Standard Option average increase: 8.21%	AC	Activator Option average increase: 7.88%
ST	Supreme Option average increase: 7.60%	EX	Extreme Option average increase: 7.66%		

 **Overall Scheme
average increase 7.99%**

In addition, members can expect an inflationary adjustment on benefits ranging between **4% and 6%** for 2026.



Your **2026 Benefit Brochures**
are now available for download.

[Click here to view](#)

Key Highlights From the 2026 Benefits

- **Advocacy & Protecting Benefits** – safe guarding contributions and benefits against fraud, waste and abuse.
- **Value-Added Benefits** – initiatives such as Medicine Bags and the Mahala Plan continue to have a positive impact in members' lives.
- **Enhanced access to our care programs** – Including the diabetes, mental wellness, maternity and cancer management programs.
- **Innovative Programmes** – leading with Healthy Me and the SAM wearable device, bringing technology into everyday healthcare.
- **Enhanced Provider Partnerships** – provides broader access to trusted specialists with reduced out-of-pocket costs.
- **Community Impact** – our nationwide Sports Tournaments continue to foster wellness, unity, and engagement in the communities we serve.



Why This Matters for Brokers

The 2026 updates offer brokers a stronger story to take to clients:

- Competitive increases aligned with industry pressures.
- Clear enhancements in benefits and access.
- Innovative health solutions to differentiate Umvuzo Health in the market.
- Strong community footprint reinforcing Umvuzo Health as a trusted partner.

With over **100,000 lives covered** and a **solvency ratio well above CMS requirements**, Umvuzo Health continues to deliver strength, sustainability and growth opportunities for its broker partners.

Tools and Support for Brokers

We have created dedicated resources to support you during the Open Period and beyond. Access the latest comparisons, presentations, and detailed benefit changes by option here:

[Click here for Broker Toolkit](#)

You can also visit our website for more information: www.umvuzohealth.co.za



2026 Umvuzo Health Broker Accreditation Training Is Now Open

Accreditation for 2026 is officially open! We are excited to invite all brokers to join our online training sessions, designed to equip you with the knowledge and tools you need to successfully market and service Umvuzo Health benefits in the new year.

Available Training Slots:

Tuesday, 14 October 2025 10h00 - 11h00 14h00 - 15h00	Monday, 24 November 2025 11h00 - 12h00
Thursday, 16 October 2025 10h00 - 11h00 14h00 - 15h00	Friday, 28 November 2025 09h00 - 10h00
Tuesday, 28 October 2025 10h00 - 11h00 14h00 - 15h00	Tuesday, 9 December 2025 11h00 - 12h00
Wednesday, 29 October 2025 10h00 - 11h00 14h00 - 15h00	

Secure your spot by selecting the session that best fits your schedule.

 Join us for an Umvuzo Health Accreditation Training Session! [Yes, I am interested](#)

As we approach the **Open Period**, we recognise the important role you play in guiding members through year-end decisions. We thank you for your partnership and wish you every success in this busy time for the medical aid industry.

Together, let's make 2026 another successful year of growth and service for our members.
Umvuzo Health
Dedicated to Our Members.

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 To download any other **2026 Marketing Collateral** [Click here to go to Broker Portal](#)